

THE PetPatrol POST

A LIFESTYLE GUIDE FOR THE PET LOVING OWNER ©



COLLABORATING...

Collaborating... "To work jointly on an activity or project."

There are different forms of collaboration, but we like to use it through networking and strategic alliances. Idea sharing and thinking to accomplish a common goal gives us a meaningful reason to work together. It is simply teamwork taken to a higher level.

To reflect his approach, we are introducing **#BetterTogether** when collaborating with individuals and companies who share our core values.

Yours warmly, Zita x



WELCOME

Welcome to your Summer edition of The Pet Patrol Post, where you can find out about all the latest and greatest things happening in the world of Pet Patrol 365 before anyone else!

ASK THE EXPERTS has some fabulous advice on the countdown to Summer and we are actively supporting **#WeSupportAshdownForest** and **#SponsorAPen** with the Cats Protection - please go to pages 5 & 8 to see how you can help, thank you.

So kick back and relax, we've got the accompaniment to your morning coffee right here!

A LITTLE ABOUT ME...
DAUGHTER, HORSE RIDER, MUSIC LOVER!

Here's what Hank's owner's had to say about our tail wagging adventures...

"We found Pet Patrol 365 following a recommendation from Portland Road Vets in East Grinstead, and what a good introduction it turned out to be. Zita Wells is Pet Patrol 365 and our experience has been an incredibly positive one. She took time to meet our dog Hank and assess his 'fit' with her existing #TeamWoofers.

Following a trial period, Hank started regular walks and absolutely loves the experience! He can't wait to go and looks out for Zita's car in the morning. His behaviour has improved dramatically, especially in respect of being more compliant with commands, walking to heel and recall, which we struggled with previously. It is now a much nicer experience for us to walk Hank.

Zita is incredibly well organised and proactive. She communicates clearly and regularly and always does exactly as she says she will do. As owners we can't ask for more. We love the pictures and texts sharing Hank's real time experience of the day's walk. It's a nice, personal touch that we never expected but now wait for avidly. We also appreciated the 'Hank Happiness Audit' which enabled us to review Hank's progress; plus the regular tips and suggestions for helping Hank in areas where he would benefit.

We would recommend Zita and Pet Patrol 365 without hesitation and it is a relationship we are delighted to have found."

The Chatterton's, East Grinstead

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SAVE THE DATE!



Hartfield Village Fete + Fun Dog Show
Saturday 7 September 2019, from 12 Noon
Town Croft, Hartfield TN7 4AG

ASK THE EXPERTS

KASIA ATMACA
VETERINARY SURGEON
PORTLAND ROAD VETS
01342 327799



#BetterTogether

SUMMER ALERTS!

Summer is a fantastic season - plenty of outdoor activities, what's not to enjoy - sunbathing, swimming, picnicking, trekking; so many ways to spend a great day out with your pooch! Unfortunately, summer months can also be uncomfortable, so how to minimise the risks and enjoy those warm days?

HEAT

Heat stroke doesn't only happen when dogs are shut in cars! Be careful on hot days, especially with short nosed breeds, overweight pets or those with heart trouble. Avoid strenuous exercise when it's hot, provide plenty of fresh air and water and don't leave your pet in direct sunlight. Main symptoms include violent panting, excessive drooling, vomiting, red eyes and gums, collapse or unconsciousness. Wet your dog's coat with cold water, put your pet somewhere cool (use a fan). **Call a vet immediately!**

REMEMER... Never leave your dog in a parked car. Temperatures inside can reach really high numbers - RAPIDLY!

You can purchase a cooling mat to lie on or coats that work really well to keep dogs chilled. If you would like to purchase a coat for your dog, give the practice a call or simply pop in.

BITES/STINGS

Wasps, bees, ticks, adders... It is difficult to find a golden rule to avoid all these. While we can use veterinary treatment for ticks, it's all about being careful, so that your dog doesn't try to catch wasps or bees, whose stings can often cause allergic reaction and swelling.

Adders are naturally shy and do not attack unless they feel threatened. It's not very common for dogs to be bitten, but if they are, they tend to cause swelling and pain and will often be located around face or forelimbs. You might not see the snake, but you may hear your dog yelp. Signs such as swelling, pain, lameness or lethargy and in severe cases collapse will appear usually within two hours of the bite. If you witnessed a bite or are concerned that it happened, keep your dog calm (if possible carry the dog to prevent the poison from entering the circulatory system) and follow the instructions from a vet. Be aware of places where you may find them (i.e. Ashdown Forest) and make sure they are left alone.

If an accident happens and your dog is bitten/stung, please contact your veterinary surgery immediately.

BLUE-GREEN ALGAE

Different name: Cyanobacteria. They are found in some pond and freshwater lakes, producing toxins which give the characteristic pea colour. It's extremely toxic and may lead to organ failure in animals and humans. Not all blue-green algae produce toxins, but it is not possible to differentiate one from another without testing. Many places with toxic algae will have warning signs, but if you can't find one near water with visible blooms - consider it potentially toxic and keep your dog away.

FOREIGN BODIES

Stick injury in the nose? Grass seeds in ear canal? Splinters in pads? These things do happen and often are not easy to avoid. The best advice will be to observe your pet closely after each day out/walk. Wipe down their paws, check their coat; skin; eyes and ears and have a look in their mouth. Observe any limping, head shaking, sneezing... if any of these happen, don't be afraid to seek advice from your vet.

Now, let's all enjoy those warm summer months!



HEATSTROKE



ADDERS



BLUE-GREEN ALGAE



GRASS SEEDS

New Recruits!

Has your pet got what it takes to become an exclusive member of our Team?

Email zita@petpatrol365.co.uk for information.



HANK



PURDY



DIGBY



TED



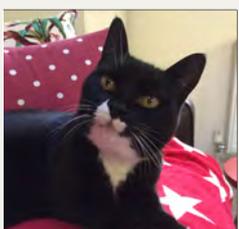
DOUGAL



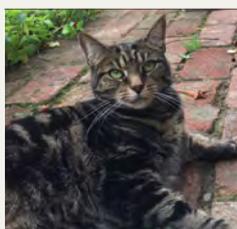
COOKIE

A Companion is Gone but the Memory Lives On

With heavy heart we said goodbye to faithful friends who passed over to Rainbow Bridge.



BERYL



MINTY



GUINEA



PATCH



PEANUT



MR FLIX

**#TeamWhiskers
in the Spotlight**

Squeaky or bouncy - what do you look for in a toy? Definitely bouncy Aunty Zita! It gives me the opportunity to show off my agility! I'm faster than I look!

What's your favourite treat? Cod (Youngs only) poached gently, but I'm also more than happy with Thrives if I'm stuck for time!

What would constitute a perfect day for you? A lie in, followed by a stroll around my estate under the supervision of my bodyguards, then a siesta (uninterrupted) waking up late afternoon for a game of fetch and grooming time, and finally closing off with a succulent piece of cod!

Do you have any special talents? The list is endless, but my time is precious, so I'll stick with one - I have this really mean Matrix move where I do a 360° in the air sideways!

Complete this sentence: "I wish I had a friend with whom I could share..." NOTHING! I don't like sharing!"

Want to hear what other clients are saying about our Luxury 5 cat care experiences?*

"Zita was recommended by our local Veterinary Practice.

I have two older cats who are very picky and do not trust easily. I also travel often.

Since Zita started to look after them, they seem much happier on my return. They look content and relaxed, no more bad looks, sad faces and clinginess on my return.

Zita is reliable on her timing and has a good eye for cats. She spends quality time with them, makes effort to get to know them and gives feedback every day.

We are all delighted to having her on board and she is now part of our 'extended' family.

Thank you, Zita!"

Ms Donanzy, East Grinstead

Paws for Thought...

"Animals are such agreeable friends - they ask no questions; they pass no criticisms."

George Eliot

ASK THE EXPERTS

LUCY TYRRELL
CANINE MYOTHERAPIST
GALEN THERAPY CENTRE
07941 427336



#BetterTogether

A DAY IN THE LIFE OF A GALEN MYOTHERAPIST

How it all began...

I love dogs and have always been around dogs, but I had only ever been a dog owner - I actually have a degree in music and teaching! A few years ago I decided that I wanted a change in direction and wanted to fulfil my dreams of working with dogs in a therapeutic way. I will be very honest, it all started with a Google search! After doing lots of research and reading lots of articles I came across Galen Therapy Centre. Everything I read about them and the treatment itself felt right; it was clear that it was all about the dogs!

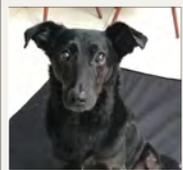
How I treat...

Before I get started I wanted to explain a little bit about how I (as well as all Galen Myotherapists) treat. The ultimate aim is to work with the dog and alongside their owner to promote optimal functional muscle health, in turn enhancing mobility allowing the dog to live a full and active life. We treat purely through choice. It is the dog's treatment; they are in charge. This is something I am truly passionate about. By allowing them the choice to be treated means we form a bond and trust, without which would mean the treatment was ineffective and unfair to the dog. We never restrain; we treat at floor level which allows the dog to move away as and when necessary. We also want to empower the owner to help their dogs, so teach them techniques they can safely use. We will also look at the dog's environment and suggest ways in which it could perhaps be made more dog friendly.



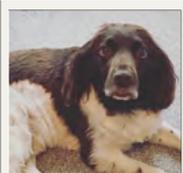
MAISSIE, BETTY & PEGGY

No two days as a Galen Myotherapist are ever the same and I love that; but I do start each day the same way. Before I start my treatments, I take my three westies for a walk in Richmond Park. It is the best part of their day and certainly gets me ready for the busy day ahead.



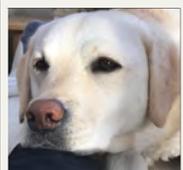
DJANGO

Django is a very special Serbian rescue. We do not know a lot about his history but we do know that he had an untreated break around his pelvis and femur and has shot gun pellets around his spine. Django had learnt that some humans were not to be trusted and may try to hurt him so the vet had warned me that if I found a sore spot he may bite. However with our choice led treatment Django soon realised that he was not going to be made to do anything he didn't want to. Django built a trust with me from treatment one and even though he is often in some discomfort, he knows I am trying to help and will only work within what he can tolerate.



WOMBLE

Womble is a Springer Spaniel that has osteoarthritis. He is an ex working dog who used to sniff out explosives. He worked long hours on hard floors. He was retired quite young and now lives as part of a loving family. Because of the arthritis, Womble has adapted the way that he moves to compensate for the arthritic joints. These secondary compensatory issues can often cause more discomfort than the actual condition and it is these adaptive changes that I really focus on when I treat. We also use some exercises to try and improve his functional movement. Womble is probably one of the most relaxed dogs I treat and can often be found snoring with his head on my foot!



BAILEY

Bailey and I go back a long way and she was actually one of my case study dogs. Bailey is five years old and she has had both her cruciate ligaments repaired through TPLO surgery. Due to this condition in her back legs she has adapted the way she moves and is overloading her front legs, neck and shoulders. Her Galen Myotherapy treatments help to work on these compensatory issues caused by the adaptive changes. We also use some exercises to try and encourage her to use her back legs in a more functional way and to build up strength through safe and controlled exercises using poles, cones and hoops. Bailey loves her treatments, often sitting on my knee whilst I treat and covering me in her hair!



MAVIS

Mavis is a beautiful rescue Husky. She and her human have an incredible partnership as they do canicross (running with a dog together). These sporting/working dogs work incredibly hard with (and for) their owners and Mavis is extremely lucky that her owner recognises this. Mavis has Galen Myotherapy to keep her fit and muscularly balanced meaning she can participate in canicross safely and with enjoyment. Mavis has seen some real improvements from the treatment. She is now using her back legs much more effectively and her body shape has actually changed as her muscular balance has improved. Mavis is very chatty in her treatments which can, at times, make me jump but I am definitely getting more used to it. I never knew until meeting Mavis, how vocal huskies were!

Hopefully by reading this you can see what an amazing job I have. I truly enjoy every day. I am humbled and privileged to be able to do what I do and I learn something new from every single dog I treat.

ASHDOWN FOREST CENTRE
WYCH CROSS
FOREST ROW
EAST SUSSEX
RH18 5JP
TEL: 01825 741330



#WeSupportAshdownForest
#BetterTogether

WHAT PRICE THIS MAGICAL PLACE?



Imagine you were offered lifetime admission to a vast, enchanting park - a place where paths wind through woods and slopes, past streams, waterfalls, hidden gardens and magnificent views, a place whose wildlife and landscape can set your spirits soaring.

Most of us would probably be willing to pay a small admission charge for all this wouldn't we?

In fact there's no charge to enjoy Ashdown Forest - which at the moment offers all these things and more - and there won't be. But if you'd like to keep the forest the way you love it the time has come to consider making a donation for its upkeep.

The reason is simple - the forest is losing public grants of £60,000 which help pay for its maintenance - from clearing up fly-tipping to cutting back dangerous roadside trees and from keeping car parks in good order to managing livestock. So unless the guardians of the forest, the conservators, can raise this money elsewhere the forest will start to lose some of its shine.

That's why they are now urgently appealing for donations from everyone who appreciates and enjoys the unique qualities of Ashdown Forest.

Whether you are an occasional stroller or a regular dog-walker, a horse-rider or a nature-watcher, a picnicker or someone who scampers across the forest with the kids - please pause and think whether your life would be worse without it. And if the answer to that question is yes, why not donate? Even small contributions of a few pounds will be warmly welcome.

There are a million visits to the forest each year and if each one resulted in a gift of just six pence it would close the funding gap the forest is facing.

Donating is easy - you can do it by sending a simple text (SMS) message from your mobile phone:

To do this, send:

ASHD001 to 70331 to give £3
ASHD001 to 70970 to give £5
ASHD001 to 70191 to give £10

Or you can make a donation via the fundraising web page at <http://easydonate.org/ASHD001>.
Alternatively, the new 2019 Ashdown Forest car window sticker is now available in Bronze, Silver and Gold at <https://www.ashdownforest.org>.



If you'd like to donate by using your camera on your smartphone, simply switch to taking a photo, hover your camera over the barcode above, and it will come up with Open "easydonate.org" in Safari (or similar), and follow the steps. It really couldn't be simpler!

There's a vast range of work the conservators and forest staff do to keep it at its best. That includes emergency help such as attending road accidents and deer collisions as well as the preservation and enhancement of the forest's walks, rides, car parks and open spaces. Donations have begun coming in from friends and supporters of the forest - please do take a moment to contribute if you're able. It's your ticket to enjoying Ashdown Forest forever.



SHEEP & LAMBS!

Please Help Protect Pregnant Ewes And Newborn Lambs By Keeping Your Dog On A Lead...

"We regularly hear of dog owners claiming that their dog is fine off the lead and it would never worry sheep. This is probably true in most cases, however, a wandering dog's presence is enough to cause problems without any aggressive intent.

Dogs do what comes naturally to them given the chance and many dogs have a strong chase instinct with no outlet or control. Allowing your dog to worry livestock is a criminal offence and can lead to prosecution and expensive legal fees. Attacks can also result in dogs being destroyed.
Please be countryside aware, thank you."

Zita Wells at Pet Patrol 365

ASK THE EXPERTS

CHRIS SAYERS
K9 STYLIST
WASH 'N' BLOW DOGS 2 GO
07736 484184



#BetterTogether

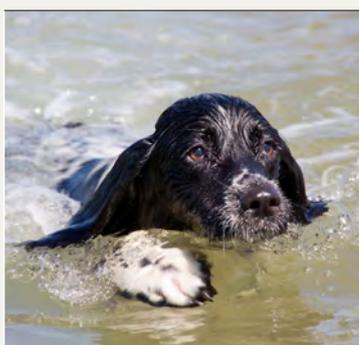
5 IMPORTANT REASONS WHY YOU SHOULD VISIT YOUR GROOMER

No 1: As the days lengthen and the temperature rises, remember to visit your groomer regularly in order to keep your dog's skin and coat in peak condition. Regular grooms will help distribute natural oils and stop the skin becoming dry and flaky. Regular baths will help to remove loose hair and debris and improve its overall condition and shine. Groomers have the knowledge to do this and as the PH balance of a dog's skin is different to a humans, will know which shampoo to use.

No 2: For dogs that unfortunately suffer with skin allergies, bathing may form part of their medical treatment plan as prescribed by your vet. Dogs who are Atopic via the environment will also benefit from regular visits to a groomer as pollen from plants and trees can stick to the fur causing further irritation to their skin.



PAMPER TIME!



DOGGIE PADDLE!

No 3: Everyone loves visiting the beach during the summer months and your dog will be no exception, and it will be enormous fun for all. However, the sea with its salty content and the sand can play havoc with your dog's coat and dry it out, causing itching and scratching, leading to skin issues. Therefore, try and rinse the coat with clean water when you get home to alleviate the problem.

Water from the sea, rivers or streams can also contribute towards matting and knots which, if left unattended, can lead to moisture being trapped and a lack of airflow around the body. Visiting the groomer regularly will prove to be a preventative action, as the groomer's skill and knowledge of removing the mats carefully and safely will help the skin to breath and recover from any minor injuries.

No 4: Regular visits to the groomer during the hot summer months will allow the coat to be reduced if necessary (depending on the coat type), not only to aid cooling, but reducing the hair from certain areas of the body, e.g. feet and lower regions, will enable an owner to spot any seeds or burrs that could go undetected, and if left untreated could cause inflammation and infection resulting in a trip to your vets for treatment.

No 5: As you know, the warm weather brings an increase in fleas and ticks which will happily live on your dog making them not only uncomfortable but could lead to more serious conditions if left undetected. Visiting your groomer regularly will enable them to spot these parasites, treat them accordingly and advise you of the course of action that has been taken. Obviously as a preventative measure, keeping up to date with regular flea/worming treatments is the way forward.

Finally, a consideration... as you know, heat during the summer months builds up really quickly in cars during the dogs transportation, even with ventilation. Consider investing in pet gel cool mats with a wet towel on top or cool coats which are readily available on the internet or at your vets. These are reasonably priced and can help keep your best friend comfortable and safe.

Have a great time this summer and enjoy your fur babies! Chris X



Giveaway Galore!

win!

Prize: Winner to receive a beautiful **Sitting Cat Zip Bag** for makeup, toiletries, tools or pencils courtesy of **Jin Designs**.

Jin
DESIGNS



In order to qualify, the first reader to sign up to the Cats Protection #SponsorAPen campaign (see page 8) will win a lovely gift for cat lovers!

<https://jindesigns.com/products/sitting-cat-zip-bag>

All we require is proof of your Sponsor's certificate and a photo card of the cat staying in your pen.

The closing date for entries is Friday 2 August 2019.

"Visit <https://jindesigns.com> for quality homeware and gifts for cat and dog lovers."

#BetterTogether



Competition Corner!

win!

A dog collar and lead courtesy of **Ginger Ted!**



The Ginger Ted dog collars and leads are super strong yet soft to create the maximum comfort for both you and your dog.

Leads are available in both 1.2m and 1.8m lengths and the matching collars are available in sizes extra small, small, medium and large. Both leads and collars come in five stylish colours to suit any discerning dog and owner.

For those walking more than one pup, there is the 2-way and 3-way coupler lead to complete the set.

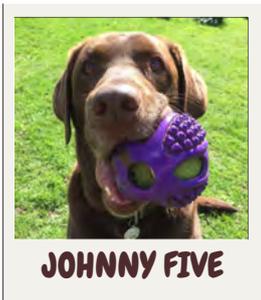
Prize: Winner to pick a collar and lead from the Ginger Ted range.

<https://www.gingerted.co.uk/collections/dog-collars-leads>

FOR YOUR CHANCE TO WIN, simply keep an eye on <http://www.Facebook.com/PetPatrol365> for competition details.

The closing date for entries is Friday 2 August 2019.

#BetterTogether



JOHNNY FIVE

#TeamWoofers in the Spotlight

Squeaky or bouncy - what do you look for in a toy? Squeaky toys are my favourite. Anything I can jump around with. My best toy is my pink squeaky sausage dog but my owner has hidden it for a few days as the squeaking got a bit much!

What's your favourite treat? Gravy bone biscuits, but if I hover around the barbecue I sometimes get a sausage. Those are my absolute favourite!

What would constitute a perfect day for you? My perfect day would be playing outside in the garden with Ben and Jennifer and then going to the park and running after my bouncy ball. Only for a little while though as I am getting a bit old!

Do you have any special talents? Aunty Zita would say that I can see her hand reaching for treats at 25 metres!

Complete this sentence: "I wish I had a friend with whom I could share..." my big comfy bed. Sometimes when I have friends over we snuggle in it together after a long play."

A considerable **THANKYOU** to our stockists and our wonderfully generous competition sponsors.

- Portland Road Vets (East Grinstead & Edenbridge)
- Goughs Pet Store, East Grinstead
- Ziggys Pet Shop, Forest Row
- Wash 'n' Blow Dogs 2 Go, Blackham
- Ginger Ted Ltd - <https://www.gingerted.co.uk>
- Jin Designs - <https://jindesigns.com>



Pet Patrol 365 are delighted to announce that we are supporting Cats Protection by sponsoring one of their cat pens at the National Cat Adoption Centre, Chelwood Gate.

**Would you like to help?
Please become a Cats Protection Sponsor
For as little as 19p a day**

**#SponsorAPen
#BetterTogether**

Cats Protection Sponsor

Give unwanted cats your love as a Cat Sponsor

**As a Cat Sponsor you give
so much to unwanted and
abandoned cats**

- A warm, cosy cat pen
- Nourishing meals every day
- Vital veterinary care
- Round-the-clock love and attention

**And there is so much you
will receive in return**

- Welcome pack with a photo of your first cat
- Cat Sponsor certificate, photo album and lots more
- Regular updates, stories and photos of cats in your pen



See even more at
www.cats.org.uk/sponsor



Reg Charity 203644 (England and Wales) and SC037711 (Scotland)

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